



Meningitis Angels Teen 2 Teen We Are Stomping Out Meningitis.

Meningococcal Meningitis

Meningococcal meningitis (*Neisseria meningitidis*) a bacterial infection of the fluid of a person's spinal cord and the fluid that surrounds the brain. People sometimes refer to it as spinal meningitis. Sometimes it enters the blood stream and causes meningococemia. This is a 911 emergency. Serious complications or death can come in just hours. As you explore our brochure and our web site you will meet some teens who know first hand the devastation of not being immunized. Get Vaccinated!

For more information visit:

www.cdc.gov ~ www.stompingoutmeningitis.com ~



We're Stomping for our health
We're Fighting Meningitis and
We're stomping for our health.
Meningitis Stomp it Out.,
Just one shot you can Stomp it out! Stomp it out!
It can take your brain, your arms and
your legs; it can take your life.
Don't Give Up, Keep Fighting Keep Fighting,
STOMP IT OUT!"

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My name is Lacey. My cousin, Ryan Milley died from meningococcal meningitis at age (18). He went from perfect health to blood coming from every orifice of his body in less than (14) hours. He was not in college yet. He would not have lived in a dorm. He still died from meningitis. My home state of Texas now requires meningococcal vaccine for middle school entry. Make sure your state does too. I am, 15, I am vaccinated. Are you?

My name is Johnny. I contracted meningococcal meningitis at age (3). It took both of my legs, part of my left ear, some finger tips and left me with short term memory loss. I have had countless surgeries on my legs and fight infection in both all the time. Please don't let this happen to you.



Knowing the early signs and symptoms of meningitis and meningococemia can improve detection of the disease and save lives. Please note, abnormal skin color, unrelenting fever, nausea, vomiting, leg pain, cold hands and feet can develop within (12 hours) after infection and before the more classic signs of the illness such as a rash, headache, stiff neck, sensitivity to light and impaired consciousness, debilitation or death. Remember you could have one, two, three or all of these signs or symptoms.



My name is Leslie.. I am (18) and the National Teen Leader for Meningitis Angels. At age (8) I contracted meningococcal meningitis. As a result I was left with kidney failure, scars all over my body, a form of anemia. I had to be on a vegan diet with little protein, take over (20) pills a day and a shot once a week. Now (10) years later and in total kidney failure, I just received a kidney transplant. My dad was able to donate or I could have died waiting on a donor. I still lead a careful life. I still take over (20) pills a day. I am still fighting anemia.

Thanks to the work of Meningitis Angels, the CDC/ Advisory Committee on Immunization Practices (ACIP), the American Academy of Pediatrics (AAP) and some amazing physician, parent, patient health advocates, research and education, unlike me, other kids will not have to suffer. They can be vaccinated.

The ACIP recommends children ages (10–18) years and college freshmen be immunized. The current vaccines are approved for ages (2) years and older. Please be informed, there are (5) sero-groups, A, C, Y, W135 and B of the disease. Group B is not covered in the current vaccines. Group C which causes the highest disease risk in the recommended age group is.

Please talk to your health care provider and get vaccinated. Don't smoke, drink alcohol, share water bottles, makeup, sweat towels, food, or drinks. Wash your hands, brush your teeth and cover your mouth and nose when you sneeze or cough. Eat healthy and get plenty of rest. It all counts.

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My name is Kylie. My sister Jane was in her senior year of college. She lived at home. She was told because she did not live on campus, she did not need the meningitis vaccine. She died with meningococcal meningitis just six months before her wedding and a few months before graduation. Her wedding dress still hangs in the closet along with beautiful but sad memories of what could have been. I am 14 and I am vaccinated.



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My name is Harley. I am (13). At age (3) meningococcal meningitis took my foot, some fingers and my hearing. After (14) surgeries I still have more to go on both of my legs.

My name is Carye. I am (14). I had meningococcal meningitis at age (5), I survived with little damage to my body. Many are not so lucky. **The After Affects** can be, limb amputations, seizures, organ failure, blindness, deafness, mental illness, learning disabilities, short term memory loss, anemia and more.



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