

Meningitis Angels Public Service Announcement



We are just a few of the Meningitis Angels. As you can see some of us didn't survive. Others of us have severe debilitations. Some of us escaped untouched or with a few scars. If you contract bacterial meningitis what will be your outcome?

Here a few things you can do to prevent this disease from attacking you. **Don't SMOKE**, Don't share drinks, eating utensils, food, tooth brushes, makeup or candy with others, even family members. Cover your mouth with your hand or tissue when you cough. Avoid public water fountains in poor working conditions, containers of ice, water or other liquids where several people are dipping in with cups or hands. Wash your hands. Do not share sports bottles or sweat towels. Brush your teeth 2-3 times a day. Eat properly and get sufficient rest. Young adults should refrain from alcohol.

It is too late for those of us who have fallen victim to this disease but not for you. Call today, your pediatrician, campus clinic, local health department, or family doctor.

The CDC recommends MENOMUNE to prevent Meningococcal Meningitis for college freshmen and most states strongly recommend it and some states now require it. Very soon the recommendation will come for teens.

The CDC also recommends Prevnar to prevent Pneumococcal Meningitis in infants and toddlers and some states require it. Children of African American and American Indian heritage are at a higher risk for this one.

Research this disease and the vaccine for yourself, make informed decisions. The choice is yours. The right one can save your life.

Meningitis Angels is dedicated to education of the public, medical profession and government, service and support of the victims of these diseases. Visit us and find out how you can help.

Visit Angels www.meningitis-angels.org or call 281-572-1998 or write

Meningitis Angels PO Box 448 Porter, Texas 77365